




The 14th CONGRESS ASIA OCEANIA THYROID ASSOCIATION

Hosted by

INDONESIAN THYROID ASSOCIATION (InaTA)

DEVELOPMENT OF INTEGRATED THYROID MANAGEMENT:
Focuses on Biomolecular and Artificial Intelligence

22 - 25 May 2024

 Discovery Kartika Plaza Hotel Denpasar - Bali



PRE-CONGRESS

Layman Session Symposium

MAIN CONGRESS

Meet the Expert Workshop Lecture
Symposia Oral and Poster Session

CONTACT PERSON:

Erwin Affandi, MD

Hendra Zufri, MD

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FOR MORE INFORMATION, PLEASE VISIT :

aotabali2024.com

Welcoming Message (14th AOTA Congress)



On behalf of the Asia and Oceania Thyroid Association, it is my great pleasure and honor to invite you to the upcoming 14th AOTA Congress to be held at Discovery Kartika Plaza Hotel, Bali from 22nd to 25th of May 2024. The congress is the scientific meeting of AOTA which has been held every two to four years and its organization is rotated among the country society members of AOTA. The congress will feature the latest advances in thyroidology as well as an update on the day-to-day practice of clinical thyroidology by renowned experts from the region.

We would like to express our sincere respect to all past presidents, council members of AOTA, and committee members of the 14th AOTA Congress. Since it was established in 1975, AOTA has grown rapidly and now it is one of the leading medical societies in Asia. AOTA has dedicated itself to improving domestic and regional research and treatment of thyroid disorders. Since it held 1st congress in Singapore on January 28-31, 1978, subsequent congresses were held in Tokyo of Japan (1982), Bangkok of Thailand (1986), Seoul of Korea (1989), Leura of Australia (1993), Osaka of Japan (1997), Singapore (2003), Manila of Philippines (2007), Nagoya of Japan (2009), Bali of Indonesia (2012), and Kochi of India (2014), Busan of Korea (2017) and Sydney of Australia (2019).

During the last 5 years, we have not been able to have a face-to-face meeting due to the COVID-19 pandemic. It has greatly impacted our scientific activities in our region. So, I am very excited to expect that we could meet our old friends and young scientists again at this Congress.

At this congress, a number of thyroid experts from different Asian countries will be brought together to exchange their scientific knowledge and build strong networks with each other. Also, this congress is also about getting our young trainees and scientists together, to learn and to present their work.

I extend my sincere gratitude to Professor Tjokorda Gde Dalem Pelayun for hosting the 14th AOTA congress, to local organizing committee members, and to program organizing committee members for their hard work and efforts for making a successful AOTA 2024. All of the AOTA members would like to celebrate the launching of the Indonesian Thyroid Association (InaTA) which was done a few years ago, and hope prosperity of InaTA as the standing society for Indonesian Thyroidologists.

We are looking forward to seeing you in Bali in the hope that you will be able to enjoy the fantastic days of May in Bali, Indonesia !!

With warmest regards,

Won Bae Kim, MD, PhD
President of AOTA



Welcoming Message Indonesian Thyroid Association (InaTA)



The Asia Oceania Thyroid Association (AOTA) has long played a very active role and has the biggest and most positive influence in Asia, which is equivalent to ETA, ATA, ITA, and LATS. The holding of the AOTA congress every 3 years in this region has also been able to trigger young researchers to continue working and produce international thyroid experts. Even though the COVID-19 pandemic has not been declared over, AOTA's enthusiasm to continue carrying out the Congress remains high and full of optimism. We are all members of the Indonesian Thyroid Association with the same spirit and self-confidence, and we are running for the venue for the upcoming AOTA 2024 congress.

The main goal of the AOTA Congress is to increase the common perception of the thyroid and its problems based on clinical experience, developments in thyroid science, the latest research publications, artificial intelligence in the thyroid gland, and breakthroughs in the latest thyroid cancer therapies in the future.

The main targets as participants are all thyroid-observing doctors, both general practitioners who serve at the forefront of thyroid health services in the community, as well as multi-disciplinary thyroid consultant doctors, who work in medical education centers as well as biomolecular research centers as clinical and epidemiological research.

Bali, an island that is very famous around the world, and a very beautiful tourist destination in Indonesia, is the perfect place for the upcoming AOTA congress in 2024. Airplanes from all over the world can land directly on the runway in Bali. Bali and several well-known tourist sites are ready to accept AOTA congress participants, both for scientific events and social events. Bali held the AOTA Congress in 2012, successfully, so we hope that Bali will get another mandate now as the host of AOTA 2024.

Tjokorda Gde Dalem Pemayun, MD, Ph.D
Chairman of 14th AOTA Congress 2024

ORGANIZATION

NATIONAL ORGANISING COMMITTEE

HONORARY PRESIDENT

(Deceased) Johan S Masjhur
Ketut Suastika
Imam Subekti
Dimiyati Achmad
Tono Djuwantono

PRESIDENT

Tjokorda Gde Dalem Pewayun

VICE PRESIDENTS

Wirnsma Arif Harahap
Madarina Julia

SECRETARY-GENERAL

Rd. Erwin Affandi Soeriadi K.
Tania Tedjo Minuljo

TREASURER

Julian Dewantiningrum
Diana Novitasari

COMMITTEES

Scientific Programme

A Hussein S Kartamihardja
Aisyah Elliyanti
Soebagjo Adi
K Heri Nugroho HS
Nanny Soetedjo
Yuanita Asri Langi
I Made Arimbawa
Novina
Fabiola MS Adam
Erick Edwin Yuliantara
Mulawan Umar
Stepanus Massora

Scientific Poster

Sony Wibisono
Alwi Shahab
Faisal

Abstracts Editor

Wismandari Wisnu
Santi Sjafril
Reza Harahap
As'asri As'ad
Mulya A Ritonga
Ghaisani Fadiana

Layman Session

Wira Gotera
Made Ratna Saraswati
Ida Ayu Kshanti
Ida Bagus Aditya Nugraha
I Made Darma Yuda
Hendry Irawan

Overseas Public Relation

Hikmat Permana
Alwi Shahab
Hendra Zufry

Contracts & Agreements (ICM Team)

Yenny Oktovianti
Ramlan
Julyanie Heranadi Putri
Arkan Wahyu
Prianggono
Nenda Nabila Sandranova
Winda Yulianti

Venue & Facilities

Pande Dwipayana
Siswadi

Sponsors & Exhibitors

Libriansyah
Zaki Mita Kusumaadhi
Alexander Kam
Diana Novitasari

Publications

Dicky Levenus Tahapary
Yohana
Harli Amir Mahmuji
Fatimah Eliana
Rulli Rosandi
Johanes Purwoto
Yohana Prima Ceria Anindita
Olivia Cicilia W
Martha Rosana

Social Programme & Hospitality

Made Ratna Saraswati
Dewi Catur Wulandari
Nico Lumintang
Maya Kusumawati



ORGANIZATION

OFFICER & COUNCIL MEMBER OF AOTA

PRESIDENT

Won Bae Kim (Korea)

VICE PRESIDENT

Weipeing Teng (China)

R.V. Jayakumar (India)

SECRETARY GENERAL

Byeong-Cheol Ahn (Korea)

TREASURER

Noriyuki Koibuchi (Japan)

MEMBERS

Takashi Akamizu (Japan)

Faridul Alam (Bangladesh)

Fereidoun Azizi (Iran)

Tjin-Shing Jap (Taiwan)

R.V. Jayakumar (India)

Sun Wook Kim (Korea)

Won Bae Kim (Korea)

Chao Liu (China)

Ampica Mangklabruks (Thailand)

Tjokorda Pemayun (Indonesia)

Minho Shong (Korea)

Iwao Sugitani (Japan)

Weiping Teng (China)

Teofilo, San Luis, Jr (Philippines)

Duncan Topliss (Australia)

Masanobu Yamada (Japan)

Paul M. Yen (Singapore)

International Speakers & Chairpersons



Zhiyan Liu

Department of Pathology,
Sixth People's Hospital,
Shanghai Jiao Tong University,
Shanghai

CHINA



Faridul Alam

Vice-Chancellor, Bangladesh
University of Health Sciences
Secretary General, Bangladesh
Thyroid Society

BANGLADESH



Duncan Topliss

Department of Endocrinology
& Diabetes Drugs and
Therapeutics Committee
Alfred Health, Monash
University, Melbourne

AUSTRALIA



Koshi Hashimoto

Department of Diabetes,
Endocrinology and
Hematology, Dokkyo Medical
University Saitama Medical
Center

JAPAN



Norisato Mitsutake

Nagasaki University

JAPAN



Noriyuki Koibuchi

Director, Department of
Integrative Physiology, Gunma
University Graduate School of
Medicine, Maebashi, Gunma

JAPAN



Kennichi Kakudo

Department of Pathology and
Thyroid Disease Center, Izumi
City General Hospital

JAPAN



Izuki Amano

Gunma University Graduate
School of Medicine

JAPAN



RV Jayakumar

Senior Consultant
Endocrinologist, ASTER
MEDCITY, Kochi

INDIA

International Speakers & Chairpersons



Won Bae Kim

Division of Endocrinology & Metabolism, Department of Internal Medicine, Asan Medical Center, University of Ulsan College of Medicine, Seoul

KOREA



Won Gu Kim

Division of Endocrinology & Metabolism, Dept. of Internal Medicine, Asan Medical Center, University of Ulsan College of Medicine Seoul

KOREA



Byeong-Cheol Ahn

School of Medicine, Kyungpook National University, Daegu

KOREA



Jung Hwan Baek

Department of Radiology and Research Institute of Radiology, University of Ulsan College of Medicine, Asan Medical Center

KOREA



Young Joo Park

Seoul National University College of Medicine

KOREA



Jin Young Kwak

Radiologist, Yonsei University

KOREA



Chan Kwon Jung

Department of Pathology, College of Medicine, The Catholic University of Korea, Seoul

KOREA



Dong Gyu Na

Director of Thyroid, Head & Neck Radiology, Department of Radiology, Gangneung Asan Hospital, University of Ulsan College of Medicine Human Medical Imaging and Intervention Center, Seoul

KOREA



Nemencio A. Nicodemus Jr.

University of the Philippines-College of Medicine Department of Biochemistry & Molecular Biology Clinical Professor, University of the Philippines-Philippine General Hospital Department of Medicine Secretary, Philippine College of Physicians

PHILIPPINE

International Speakers & Chairpersons



Daniel Hueng-Yuan Shen

Department of Nuclear Medicine,
Kaohsiung Veterans General
Hospital, Kaohsiung City

TAIWAN



Fen-Yu Tseng

National Taiwan University
Hospital Hsin-Chin Branch

TAIWAN



Jen-Fan Hang

Department of Pathology and
Laboratory Medicine, Taipei
Veterans General Hospital,
Taipei

TAIWAN



Tjin-Shing Jap

Division of Endocrinology and
Metabolism Taipei Veterans
General Hospital Taipei

TAIWAN



Akira Miyauchi

Kuma Hospital, Department of
Surgery

JAPAN

And many more...

National Speakers & Chairpersons

- **Wira Gotera**, (Prof Dr IGNG Ngoerah General Hospital, Denpasar Bali)
- **I Made Darma Yudha**, (Prof. Dr. I G N G Ngoerah Hospital, Bali)
- **Made Ratna Saraswati**, (Prof. dr. I.G.N.G. Ngoerah General Hospital, Bali)
- **Ida Ayu Kshanti**, (Fatmawati Central General Hospital, Jakarta)
- **Hendry Irawan**, (Prof. dr. I.G.N.G. Ngoerah General Hospital, Bali)
- **Heri Nugroho**, (Dr Kariadi General Hospital, Diponegoro University Semarang)
- **Sony Wibisono**, (Dr. Soetomo Regional General Hospital, Surabaya)
- **Stepanus Massora**, (Dr. Soetomo Regional General Hospital, Surabaya)
- **Dyah Purnamasari Sulistianingsih**, (Dr. Cipto Mangunkusumo Hospital, Jakarta)
- **Achmad Hussein S Kartamihardja**, (Faculty of Medicine Padjadjaran University, Bandung)
- **Putu Anda Tusta Adiputra**, (Prof. dr. I.G.N.G. Ngoerah General Hospital, Bali)
- **I Made Pande Dwipayana**, (Prof. dr. I.G.N.G. Ngoerah General Hospital, Bali)
- **Soebagijo Adi Soelistijo**, (Dr. Soetomo Regional General Hospital, Surabaya)
- **Mohammad Robikhul Ikhsan**, (Dr. Sardjito General Hospital, Yogyakarta)
- **Yunia Irawati**, (Dr. Cipto Mangunkusumo Hospital & JEC Eye Hospitals and Clinics, Jakarta)
- **Anggraini Dwisensusiati**, (Faculty of Medicine, Airlangga University, Surabaya)
- **Imam Subekti**, (Dr. Cipto Mangunkusumo Hospital, Jakarta)
- **Nanny NM Soetedjo**, (Hasan Sadikin Hospital, Bandung)
- **Hikmat Permana**, (Hasan Sadikin Hospital, Bandung)
- **Eva Decroli**, (Faculty of Medicine, Andalas University, Padang)
- **Yan Wisnu Prajoko**, (Faculty of Medicine Diponegoro University, Semarang)
- **Nico Alexander Lumintang**, (Kandou Hospital. Samratulangi University, Manado)
- **Hendra Zufry Bin Zubir**, (Dr. Zainoel Abidin Hospital, Banda Aceh)
- **Aisyah Elliyanti**, (Faculty of Medicine Universitas Andalas, Padang)
- **Dicky Levenus Tahapary**, (Dr. Cipto Mangunkusumo Hospital, Jakarta)
- **Fatimah Eliana Taufik**, (Mitra Keluarga Kemayoran Hospital, Jakarta)
- **Wismandari Wisnu**, (Dr. Cipto Mangunkusumo Hospital, Jakarta)
- **Sonar Soni Panigoro**, (Dr. Cipto Mangunkusumo Hospital, Jakarta)
- **Erwin Danil Julian**, (Dr. Cipto Mangunkusumo Hospital, Jakarta)
- **I Made Arimbawa**, (Prof. dr. I.G.N.G. Ngoerah General Hospital)
- **Julian Dewantiningrum**, (Dr. Kariadi Hospital, Semarang)
- **Madarina Julia**, (Faculty of Medicine, Gadjah Mada University)
- **Antonius Gunawan Santoso**, (Dr. Kariadi Hospital, Semarang)
- **Tri Indah Winarni**, (Faculty of Medicine Diponegoro University, Dr. Kariadi Hospital, Semarang)
- **Selamat Budijitno**, (Columbia Asia Hospital Semarang)
- **Santi Syafril**, (H. Adam Malik Hospital, Medan)
- **Marlinda Adham Yudharto**, (Siloam Hospitals Semanggi, Jakarta)
- **Fabiola Maureen Shinta Adam**, (Labuang Baji General Hospital, Makassar)
- **I Ketut Suastika**, (Prof. dr. I.G.N.G. Ngoerah General Hospital, Bali)
- **Sofia Mubarika Haryana**, (Faculty of Medicine, Gadjah Mada University)
- **Laksmi Sasiarini**, (Panti Waluya Sawahan Hospital, Malang)
- **Miski Aghnia Khairinisa**, (Padjadjaran University, Bandung)
- **Hendy Hendaro**, (Airlangga University, Surabaya)
- **Nanang Miftah Fajari**, (Ulin Hospital Banjarmasin)
- **Yulianto Kusnadi**, (Mohammad Hoesin Hospital, Palembang)

GENERAL INFORMATION



VENUE

EVENT

The 14th CONGRESS ASIA OCEANIA THYROID ASSOCIATION
Hosted by
INDONESIAN THYROID ASSOCIATION (InaTA)

THEME

DEVELOPMENT OF INTEGRATED THYROID MANAGEMENT:
Focuses on Biomolecular and Artificial Intelligence

VENUE

Discovery Kartika Plaza Hotel, Kharisma Ballroom
Jl. Kartika Plaza, Kuta, Kec. Kuta Sel., Kabupaten Badung, Bali 80361

DATE

Pre-Congress : 22 May 2024
Main Congress: 23 - 25 May 2024

PROGRAMME

- Layman Session
 - Workshop
 - Symposium
 - Lecture
- Meet the Expert
- Oral and Poster Session

GENERAL INFORMATION



VENUE

LEARNING OBJECTIVES

Upon completion of this educational activity, participants will be able to:

1. Discuss advances, current information, innovative technology, and strategies in the field of thyroidology and thyroid surgery.
2. Explore research breakthroughs and stimulating ideas in today's field of thyroidology and related diseases
3. Several integrated multidisciplinary topics in the management of thyroid disorders in an integrated network with professional colleagues, and aspects of their management
4. Apply knowledge of current topics and new guidelines in the field of thyroidology for use in daily practice.

TARGET AUDIENCE

1. Internist-Endocrinologist
2. Thyroid Oncology Surgeon and General Surgeon
3. Hematologist-Oncologist
4. Ophthalmologist
5. Nuclear Medicine Specialist
6. Radiologist
7. Neurologist
8. Clinical nutritionist
9. Obstetrician and Gynecologist
10. Pathologist
11. Pediatrician
12. General practitioners
 - a. Family Practice Clinicians
 - b. Residents In Training
 - c. Dietitians
 - d. Pharmacists Nurses
 - e. Medical Students And Allied Health Professionals

VENUE AT GLANCE



Address : Jalan Kartika Plaza, South Kuta Beach,
Bali 80361 - Indonesia

Website : www.discoverykartikaplaza.com



Discover an oceanfront hotel with genuine Balinese hospitality in the famous Kuta area in Bali. The Accommodation caters to leisure and business travelers alike with its variety of restaurants and bars, 9 function spaces, a spa & fitness center, a spacious sculptured pool and lush gardens. The resort is adjacent to the Discovery Shopping Mall, Waterbom Park and a 10-minute walk to Central Kuta.

With 316 rooms, suites and villas, guests will easily find a relaxing space for their needs. The hotel's unique structure has resulted in various types of views from different accommodation types. Rooms and suites can face the Indian Ocean, gardens or pool, while the villas are located steps away from the beach.

The hotel also has full service business center, Outdoor Kid's Playground and a Kid's Club. Spacious function rooms, including a 700 sqm ballroom and a private helipad allow for grand celebrations, romantic weddings, private business meetings or large conferences.

Discovery Kartika Plaza Hotel Bali is well prepared for vary kinds of MICE events. With multiple option of function spaces, all event venues are equipped with audio-visual amenities, wireless stable internet, elegant furnishing as well as vast arrangement of Food & Beverage to cater vary event needs.



In the midst of pandemic time like this, Discovery Kartika Plaza Hotel Bali takes very seriously on safety prevention. As a CHSE Certified hotel, every function venues are thoroughly sanitized before and after events. Seating capacity is carefully measured according to suggested safe distance. Hand sanitizers provided in throughout the venues.

SCIENTIFIC SCHEDULE (DAY-1)

Wednesday, 22 May 2024

TIME	LAYMAN SESSION Theme: Thyroid Diseases are non-communicable Diseases
	Shinta & Rama Room
08.00 - 10.00	Understand Thyroid Disorders: Recognize, Check and Treat Chairman: Made Ratna Saraswati (Indonesia), Co-Chairman: Ida Ayu Kshanti (Indonesia) 1. Keynote Speaker Tjokorda Gde Dalem Pemayun (Indonesia) 2. Screening for thyroid disorders : what to check for I Made Darma Yudha (Indonesia) 3. Management of thyroid dysfunction after thyroid cancer surgery Wira Gotera (Indonesia) 4. Radioactive iodine ablation: who needs it? Hendry Irawan (Indonesia)
	PRE-CONGRESS
	Kharisma Ballroom
09.00 - 10.00	MEET THE EXPERT-1 Thyroid Problem in Pregnancy Heri Nugroho (Indonesia) Sony Wibisono (Indonesia)
10.00	Coffee Break (Serve)
	Pre-Congress Symposium 1 Nodules in Diffuse Goiter Chairman: Stepanus Massora (Indonesia) Co-Chairman: I Made Pande Dwipayana (Indonesia)
10.00 - 10.20	The Pathomechanism Aspects of Mixed Nodules in Diffuse Goiter Dyah Purnamasari Sulistianingsih (Indonesia)
10.20 - 10.40	Mixed Nodules in Diffuse Goiter. What Should We Evaluate from a Nuclear Medicine Perspective? Achmad Hussein S Kartamihardja (Indonesia)
10.40 - 11.00	Surgery Approach of Mixed Nodules in Diffuse Goiter Putu Anda Tusta Adiputra (Indonesia)
11.00 - 11.10	Discussion
	Pre-Congress Symposium 2 Thyroid Eye Disease (TED) Chairman: Soebagijo Adi Soeslistijo (Indonesia) Co-Chairman: Mohammad Robichul Ichsan (Indonesia)
11.10 - 11.30	The Recent Advances of Surgical Treatment in Graves Orbitopathy Yunia Irawati (Indonesia)
11.30 - 11.50	The Role of Diagnostic Imaging on Graves Orbitopathy Anggraini Dwisensusiati (Indonesia)
11.50 - 12.10	Corticosteroid Therapy in Moderate to Severe Graves Orbitopathy. (Systematic Review And Meta-Analysis) Imam Subekti (Indonesia)
12.10 - 12.20	Discussion

SCIENTIFIC SCHEDULE (DAY-1)

Wednesday, 22 May 2024

TIME	PRE-CONGRESS
12.20 - 13.20	Lunch Break
	Pre-Congress Symposium 3 Thyroid Emergencies Chairman: Nanny Natalia Mulyani Soetedjo (Indonesia) Co-Chairman: Nico Alexander Lumintang (Indonesia)
13.20 - 13.40	The Latest Algorithm for Managing Thyroid Storm in The Intensive Care Unit Hikmat Permana (Indonesia)
13.40 - 14.00	Let's Get to Know The Characteristics of Thyrotoxicosis Periodic Paralysis (TPP) And it's Treatment Eva Decroli (Indonesia)
14.00 - 14.20	Assessment of Non-Thyroid Emergencies During and After Total Thyroidectomy Yan Wisnu Prajoko (Indonesia)
14.20 - 14.30	Discussion
WORKSHOP SESSION	
	Rama Room
	Wokshop 1 Thyroid Cancer: Targeted Therapy and or RAI Chairman: Koshi Hashimoto (Japan)
14.30 - 15.00	Recent Advances in The Management with Targeted Therapy Won Gu Kim (Korea)
15.00 - 15.30	Redifferentiation of Radioiodine Refractory Differentiated Thyroid Cancer: Considering Carcinogenic Mutations Byeong-Cheol Ahn (Korea)
15.30 - 16.00	Case-Sharing Experince
16.00 - 16.30	Coffee Break
	Shinta Room
	Wokshop 2 New and Advance Imaging Techniques for Thyroid Nodule Chairman: Chao Liu (China)
14.30 - 14.50	Liquid Biopsy for Thyroid Nodules Sujoy Ghosh (India)
14.50 - 15.10	Ultrasonography & TIRADS Scoring in Thyroid Nodules Krishna Seshadri (India)
15.10 - 15.30	Advances of Imaging Techniques in Identifying Malignancy in Thyroid Nodules Hendra Zufry Bin Zubir (Indonesia)
15.30 - 15.50	Teranostics in Nuclear Medicine: Applications Aisyah Elliyanti (Indonesia)
15.50 - 16.10	Discussion
16.10 - 16.30	Coffee Break

SCIENTIFIC SCHEDULE (DAY-2)

Thursday, 23 May 2024

TIME	MAIN CONGRESS
	Rama Room
	AOTA COUNCIL MEMBER MEETING
08.00 - 10.00	Organized by AOTA Council Member
	Kharisma Ballroom
	MEET THE EXPERT-2
09.00 - 10.00	Multidisciplinary Approach for Thyroid Cancer Management Dicky Levenus Tahapary (Indonesia) Fatimah Eliana Taufik (Indonesia)
	OPENING CEREMONY Organized by Secretary General Congress Rd. Erwin Affandi Soeriadi Koesoemah (Indonesia) & Tania Tedjo Minuljo (Indonesia)
10.00 - 10.30	Puspawresti Balinese Dance Video Council Members of AOTA & Past President of AOTA Welcome Speech from President of AOTA & Chairman of AOTA Congress official opening by Indonesian Minister of Health
	Keynote Speaker Challenges and Steps for Health Transformation Efforts, Especially in The Field of Thyroid Diseases in Indonesia Chairman: Wismandari Wisnu (Indonesia)
10.30 - 11.00	Dante Saksono Harbuwono (Indonesia)
11.00	Coffee Break (Serve)
11.00 - 11.30	Opening Exhibition Ceremony (at pre-function area)
	Lecture 1 The Nagataki-Fujifilm Prize Chairman: Byeong Cheol Ahn (Korea)
11.30 - 12.00	Thyroid Hormones and Brain Development: A Well-Known but Unanswered Question Noriyuki Koibuchi (Japan)
	Lecture 2 Thyroid and Diabetes, Inter-Relationship Chairman: Byeong Cheol Ahn (Korea)
12.00 - 12.30	Prolonged Antithyroid Drug Therapy for Graves' Disease RV Jayakumar (India)

SCIENTIFIC SCHEDULE (DAY-2)

Thursday, 23 May 2024

TIME	MAIN CONGRESS
12.30 - 13.30	Lunch Break at The Pond Restaurant
	Lunch Symposium Tirosine Kinase Inhibitor (TKI) Chairman: Sonar Soni Panigoro (Indonesia)
13.30 - 13.50	Cohort Study Exploring The Effect of Lenvatinib on Differentiated Thyroid Cancer (Select Study) Makoto Tahara (Japan)
13.50 - 14.10	Mutation-specific management of radioactive iodine refractory DTCs Young Joo Park (Korea)
14.10 - 14.30	Discussion
	Symposium 1 Radiofrequency Ablation (RFA) Chairman: Erwin Danil Julian (Indonesia) Co-Chairman: Hendra Zufry Bin Zubir (Indonesia)
14.30 - 15.00	Local Ablation Therapy for Recurrent Thyroid Cancer Jung Hwan Baik (Korea)
15.00 - 15.30	The Consensus and Recommendations for Thyroid Radiofrequency Ablation. (Taiwan View) Wei-Che Lin (Taiwan)
15.30 - 15.40	Discussion
15.40 - 16.10	Coffee Break
	Symposium 2 Asian-Oceanian Thyroid Pathology Practice (Working Group of Asian Thyroid FNA Cytology) Chairman: Chiung-Ru Lai (Taiwan) Co-Chairman: Kennichi Kakudo (Japan)
16.10 - 16.30	Molecular Tests in Thyroid Nodule Practice of Asia-Oceanian Countries Zhiyan Liu (China)
16.30 - 16.50	Molecular Testing for Precision Oncology in Thyroid Cancer: Case-Based Demonstration Jen-Fan Hang (Taiwan)
16.50 - 17.10	Follicular Cell-Derived Carcinoma, High-Grade Chan Kwon Jung (Korea)
17.10 - 17.30	AI in The Thyroid Pathology Practice, Current and Future Andrey Bychkov (Japan)
17.30 - 17.50	Discussion

SCIENTIFIC SCHEDULE (DAY-2)

Thursday, 23 May 2024

TIME	ORAL PRESENTATION
	Rama Room
	Oral Presentation Session-1
13.30 - 15.40	Session 1
15.40 - 16.10	Coffee Break
16.10 - 17.00	Session 2
	Shinta Room
	Oral Presentation Session-2
13.30 - 15.40	Session 1
15.40 - 16.10	Coffee Break
16.10 - 17.00	Session 2

SCIENTIFIC SCHEDULE (DAY-3)

Friday, 24 May 2024

TIME	MAIN CONGRESS
	Rama Room
	AOTA COUNCIL MEMBER MEETING Chairman: Byeong Cheol Ahn (Secretary General of AOTA)
08.00 - 10.00	Organized by AOTA Council Member
	Kharisma Ballroom
	Morning Symposium Women's Health and Hypothyroidism: Addressing Key Life Stages Chairman: I Made Arimbawa (Indonesia) Co-Chairman: Julian Dewantiningrum (Indonesia)
08.00 - 08.20	Hypothyroidism in Puberty and The Impact on Women Reproductive Health Madarina Julia (Indonesia)
08.20 - 08.40	Hypothyroidism During Pregnancy Kris Poppe (Belgium)
08.40 - 09.00	Hypothyroidism in Post-Menopausal and Older Women Made Ratna Saraswati (Indonesia)
09.00 - 09.10	Thyroid Screening program in Indonesia (RAISE Program) Tjokorda Gde Dalem Pemayun (Indonesia)
09.10 - 09.30	Discussion
	Caleidoscope AOTA Chairman: Tjokorda Gde Dalem Pemayun (Indonesia)
09.30 - 10.00	Years in Thyroid Session (Basic, Clinical, and Surgery): Review of Important Studies Won Bae Kim (Korea)
10.00 - 10.30	Coffee Break
	Lecture 3 Thyroid Artificial Intelligence Chairman: Antonius Gunawan Santoso (Indonesia)
10.30 - 11.00	Artificial Intelligence and Thyroid Disease: Computer-Aided Diagnosis in Thyroid Imaging Jin Young Kwak (Korea)
	Lecture 4 Genetic Changes in Thyroid Cancers Chairman: Tri Indah Winarni (Indonesia)
11.00 - 11.30	Thyroid Cancer Genetics, Genetic alterations in Thyroid Cancer Norisato Mitsutake (Japan)
11.30 - 13.00	Lunch at The Pond Restaurant and Friday Pray

SCIENTIFIC SCHEDULE (DAY-3)

Friday, 24 May 2024

TIME	MAIN CONGRESS
	Thyroid Federation International (TFI) International Thyroid Awareness Week (ITAW) 2024 Chairman: Tania Tedjo Minuljo (Indonesia)
13.00 - 13.10	Thyroid diseases are Noncommunicable diseases (NCDs) Ashok Bhaseen (Canada)
	Symposium 3 Thyroid & Parathyroid Surgery Chairman: Selamat Budijitno (Indonesia)
13.10 - 13.30	Minimal Invasive Thyroid Surgery and Robot Surgery Kee-Hyun Nam (Korea)
13.30 - 13.50	Clinical experience of surgery for parathyroid tumors in Indonesia Diani Kartini (Indonesia)
13.50 - 14.00	Discussion
	Symposium 4 Thyroid Core Biopsy and Imaging Chairman : Fen-Yu Tseng (Taiwan)
14.00 - 14.20	Diagnosis of Thyroid Cancer and Lymph Nodes. Ultrasound and CT (K-TIRADS and other TIRADS) Dong Gyu Na (Korea)
14.20 - 14.40	Diagnosis of Thyroid Cancer and Lymph Nodes. FNA and Core-Needle Biopsy So-Lyung Jung (Korea)
14.40 - 15.00	Imaging of Nuclear Medicine in The Thyroid Daniel Hueng-Yuan Shen (Taiwan)
15.00 - 15.10	Discussion
15.10 - 15.40	Coffee Break

SCIENTIFIC SCHEDULE (DAY-3)

Friday, 24 May 2024

TIME	POSTER PRESENTATION
	Rama Room
	Poster Presentation Session-1
13.00 - 15.10	Session 1
15.10 - 15.40	Coffee Break
15.40 - 16.30	Session 2
	Shinta Room
	Poster Presentation Session-2
13.00 - 15.10	Session 1
15.10 - 15.40	Coffee Break
15.40 - 16.30	Session 2
	CULTURAL DINNER (Beach View)
17.00 - 21.00	- Kecak percussion feat Fire Dance (25 minutes) - "Evony Arty Jiwani" Jazz Music Performance
	PIC: Yuanita Asri Langi Member: 1. Santi Sjafril 2. Fatimah Eliana 3. Fabiola MS Adam 4. Dewi Catur Wulandari

SCIENTIFIC SCHEDULE (DAY-4)

Saturday, 25 May 2024

TIME	MAIN CONGRESS
	Kharisma Room
	Lecture 5 Nerve Injury Reconstruction Chairman: Marlinda Adham Yudharto (Indonesia)
08.00 - 08.30	Laryngeal Nerve Injuries Reconstruction in Thyroid Surgery Akira Miyauchi (Japan)
	Lecture 6 Thyroid Autoimmunity Chairman: Fabiola Maureen Shinta Adam (Indonesia)
08.30 - 09.00	The Latest Evidence-Based Therapy for The Treatment of Autoimmune Thyroid Disease Duncan Topliss (Australia)
09.00 - 09.30	Coffee Break
	Symposium 5 Challenges and Complexities in Hypothyroidism Management Chairman: Wismandari Wisnu (Indonesia) Co-Chairman: Santi Syafril (Indonesia)
09.30 - 09.50	Cardiovascular Morbidity and Mortality in Patients with Thyroid Dysfunction Takashi Akamizu (Japan)
09.50 - 10.10	Mastering Hyperthyroidism: A Clinician's Guide to Complex Cases and Challenges I Ketut Suastika (Indonesia)
10.10 - 10.30	Practical Insights: how to identify and manage difficult clinical cases Salman Razvi (UK)
10.30 - 10.50	The Science and Strategy behind T3/T4 Combination Treatment (ongoing challenge) Birte Nygaard (Denmark)
10.50 - 11.00	Discussion
	Symposium-6 Genetic Disturbance: The Role of Chemical Disrupting and Iodine Deficiency Chairman: Sofia Mubarika Haryana (Indonesia) Co-Chairman: Laksmi Sasiarini (Indonesia)
11.00 - 11.20	Iodine Deficiency Even in Milder Form Can Change The Intelligence Level of a Nation/Locality Faridul Alam (Bangladesh)
11.20 - 11.40	Covid-19 and Thyroid dysfunction: where are the clinical links and implications? Shashank R Joshii (India)
11.40 - 11.50	Discussion
11.50 - 13.00	Lunch Break at The Pond Restaurant

SCIENTIFIC SCHEDULE (DAY-4)

Saturday, 25 May 2024

TIME	MAIN CONGRESS
	Symposium 7 Basic Science: Thyroid Hormone Action Chairman: Paul Michael Yen (Singapore) Co-Chairman: Noriyuki Koibuchi (Japan)
13.00 - 13.20	Thyroid Hormone and Lipid Metabolism Madhulika Tripathi (Singapore)
13.20 - 13.40	Thyroid Hormone and Neurodevelopment and Plasticity Izuki Amano (Japan)
13.40 - 14.00	Thyroid Hormone Disruption by Endocrine Disrupting Chemicals Miski Aghnia Khairinisa (Indonesia)
14.00 - 14.10	Discussion
	Symposium 8 Thyroid Hormone and Fertility Chairman: Nanang Miftah Fajari (Indonesia) Co-Chairman: Yulianto Kusnadi (Indonesia)
14.10 - 14.30	The Effects of The Thyroid on Fertility and Assisted Reproduction Nemencio A. Nicodemus Jr. (Philippine)
14.30 - 14.50	Thyroid Dysfunction Awareness During Pregnancy Hendy Hendarto (Indonesia)
14.50 - 15.10	Management of Thyroid Dysfunction during Pregnancy and Postpartum: (An Endocrine Society Clinical Practice Guideline)
15.10 - 15.20	Arun S Menon (India) Discussion
15.20 - 15.50	CLOSING CEREMONY

GUIDELINES OF ABSTRACT SUBMISSION

The abstract submission will be divided into 3 categories:

A. Original Article

B. Systematic Review, Meta-analysis, and Evidence-based Case Report (EBCR)

C. Case Report

1) STRUCTURE

- a. Title: Maximum of 120 characters (including space).
- b. Author: The number of authors is not limited.
- c. Contents
 - i. Original article, systematic review, meta-analysis, and EBCR consist of background, objective, method, result, discussion, conclusion, and references.
 - ii. Case report consists of background, case illustration, discussion, conclusion, and references.
- d. Word count: Maximum of 250 words (for the whole abstract).
- e. Language: English

2) SUBMISSION GUIDELINE

- Abstract submission is open online until 30 March 2024 (GMT +8) at <https://aotabali2024.com/>
- The AOTA Bali 2024 accepts Instruction Free Paper, E-poster and Video submission.
- All abstracts must be submitted in English exclusively via the online abstract submission system. Submissions by post, email, fax or any other means will NOT be accepted.
- AUTHORS – FIRST (PRESENTING) AUTHOR – The first author will be the presenting author. The first (presenting) author is expected to register and pay the full registration fee, attend the Congress and make the presentation.
- Please provide an accurate email address and handphone number for the first (presenting) author. Abstract submission results and abstract-related correspondence will be sent by email to the first author.
- Authors can submit a maximum of 5 abstracts and they can serve as the first author of 3 submitted abstracts at most. Among the 3 abstracts, they can present a maximum of 2 abstracts that are of the same presentation type.
- CO-AUTHOR(S) – A maximum of five co-authors are allowed for each abstract. Type in the names and affiliations as you would like them to appear in any publications. Please give the names in full for each of the co-authors. Initials are only accepted for middle names if any.
- The ABSTRACT TITLE must be concise. Avoid using abbreviations in the title.
- Abstract content (excluding title, authors, highest degrees and institutions) should include the following headings: INTRODUCTION, OBJECTIVES, METHODS, RESULTS and CONCLUSION. The abstract must not exceed 250 words. Do not include graphs, tables, images or references in the abstract.
- Please define each abbreviation the first time it is used in the abstract by placing what it stands for in parentheses.

ABSTRACT SUBMISSION GUIDELINE

- It is the author's responsibility to submit an abstract with correct spelling and grammar. The Selection Committee, however, reserves the right to edit the abstract if it has significant spelling and grammatical mistakes.
- All successfully submitted abstracts will be acknowledged with an electronic receipt with an abstract reference number, which should be quoted in all future correspondence. If you do not receive an acknowledgement within 48 hours after submission, please contact the Congress Secretariat at: freepaper@aotabali2024.com
- The Selection Committee strongly recommends that authors submit their abstracts as early as possible to avoid a last-minute rush and system congestion. When the abstract is submitted, it can still be revised until 30 March 2024. Kindly note that only the latest version will be reviewed.
- Late submissions will NOT be considered.
- Submitted abstracts will be peer-reviewed by the Selection Committee. The review process is confidential and the decision is final.
- Authors will be notified of the abstract selection results no later than 1 April 2024
- Authors may be given the option to change the format of their presentation as a condition for acceptance.
- The 14th AOTA Congress 2024 holds the copyright to all the materials presented at the Congress and may reproduce the materials in any form for distribution.

3) SUBMISSION TIMELINE

1 November 2023 to
30 March 2024
Call for Abstract

1 April 2024
Abstract
Announcement

23-24 May 2024
- Oral and poster
Presentation

4) FREE PAPERS

- Please select the right category for the abstract.
- Free paper submissions include an oral presentation. Any accepted authors will need to present a talk of 8 (eight) minutes for the presentation, with an additional 2 (two) minutes for questions and answers with the judges and the audience
- Presentation materials should be in ppt or pptx format
- If 'Free Paper' is selected to be the first preference, and the secondary preference '**E-Poster**' is chosen, authors will have the opportunity to have the abstract reviewed for e-poster presentation in the event that it is not accepted for free paper presentation.
- Author must upload the Papers to the congress system by 30 March 2024.

ABSTRACT SUBMISSION GUIDELINE

5) CHECKLIST

Before submission, please check:

- If the abstract has a concise, descriptive title;
- If the study has sufficient data leading to conclusive outcomes;
- If the abstract states clearly the purpose, methods, results and conclusions of the study;
- If the study is conducted in a methodologically correct way;
- If the abstract is proofread and/or edited by a native speaker of English;
- If the abstract is within the word limit;
- If financial disclosures for each of the authors are made.

6) ONLINE SUBMISSION

Submit your abstract now via the 14th AOTA Congress 2024 Congress system.

[SUMBIT NOW!](#)



REGISTRATION

Note: All prices are in IDR, Foreign Exchange in USD

MAIN CONGRESS

PARTICIPANT	EARLY BIRD Until 31 Jan 2024	REGULER 1 Feb - 1 May 2024	Onsite
Consultant	3.000.000	3.500.000	5.000.000
Fellow/Specialist	2.500.000	3.000.000	4.000.000
Resident/GP/Medical students	—	2.500.000	—

BUNDLING CONGRESS + WORKSHOP

PARTICIPANT	EARLY BIRD Until 31 Jan 2024	REGULER 1 Feb - 1 May 2024	Onsite
Consultant	7.500.000	8.000.000	8.500.000
Fellow/Specialist	7.000.000	7.500.000	8.000.000

SOCIAL PROGRAM

PARTICIPANT	EARLY BIRD Until 31 Jan 2024	REGULER 1 Feb - 1 May 2024	Onsite
Culture Dinner	—	500.000	—

Full Package (Pre-Congress + Congress + Workshop and Culture Dinner)

PARTICIPANT	EARLY BIRD Until 31 Jan 2024	REGULER 1 Feb - 1 May 2024	Onsite
Consultant	7.750.000	8.350.000	8.750.000
Fellow/Specialist	7.250.000	7.850.000	8.250.000

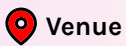
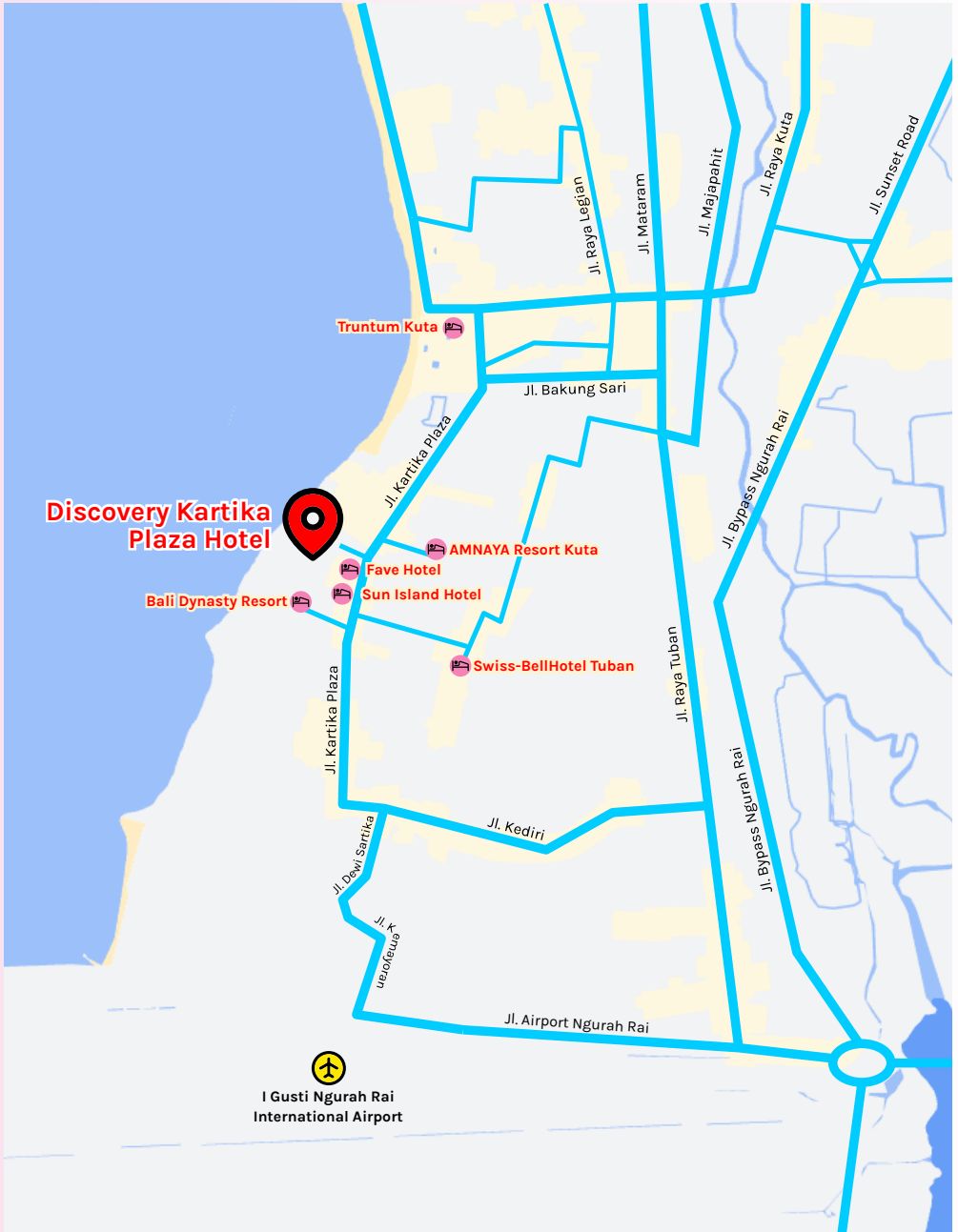
Registration Link:



Bank Account Information :

BANK NAME : MANDIRI
BRANCH : RS HASAN SADIKIN BANDUNG
ACCOUNT : 132-05-5888777-5
ACCOUNT NAME : PT. KONGRES MANAJEMEN INDONESIA
SWIFT CODE/IBAN/BIC : BMRIIDJA
SKN Code : 014 (BCA)

MAPS



Venue



Satelite Hotel



Airport

ARRIVAL GUIDE - INTERNATIONAL FLIGHT

- VISA

Visa On Arrival (VOA) is granted to foreigners who intend to visit Indonesia for tourism, social and culture, business or government duties. *Visa On Arrival* is granted to foreign nationals who fulfill the requirements and conditions upon arrival in Indonesia. The *Visa On Arrival* is issued by the Immigration Officials at the Immigration checkpoints in Ngurah Rai Airport. We provide 20 counters at arrival terminal.

The official entry requirements for the issuance of a 30 or 7 day *Visa On Arrival*:

- Passport must be from one of the countries listed below.
- Passport must be valid for a minimum of 6 (six) months from the date of entry into Indonesia.
- Payment of U.S. \$ 10 or U.S. \$ 25 must be paid at the gateway, depending on the length of the required visa.
- Onward or return tickets are compulsory.
- Visitors must enter and exit through one of the 15 airports or 21 seaports Officially approved as an "international gateway" by the Indonesian Immigration department.
- The department of Justice and Human Rights has officially determined that as of August 2005.

The Indonesian Government had granted *Visa On Arrival* favor to 52 countries enabling them to purchase the visa upon their arrival into Indonesia's designed "International Gateway" at 15 airports and 21 seaports.

They are:

- | | | | |
|--------------|-------------------|------------------|---------------------------------|
| 1. Argentina | 15. France | 29. Maldives | 43. South Korea |
| 2. Australia | 16. Germany | 30. Malta | 44. Spain |
| 3. Austria | 17. Greece | 31. Mexico | 45. Switzerland |
| 4. Bahrain | 18. Hungary | 32. Monaco | 46. Sweden |
| 5. Belgium | 19. Iceland | 33. New Zealand | 47. Surinam |
| 6. Brazil | 20. India | 34. Norway | 48. Taiwan |
| 7. Bulgaria | 21. Iran | 35. Oman | 49. The Netherland |
| 8. Cambodia | 22. Ireland | 36. PRC | 50. United Arab
Emirate |
| 9. Canada | 23. Italy | 37. Poland | 51. United Kingdom |
| 10. Cyprus | 24. Japan | 38. Portugal | 52. United States of
America |
| 11. Denmark | 25. Kuwait | 39. Qatar | |
| 12. Egypt | 26. Laos | 40. Saudi Arabia | |
| 13. Estonia | 27. Liechtenstein | 41. Russia | |
| 14. Finland | 28. Luxembourg | 42. South Africa | |

ARRIVAL GUIDE - INTERNATIONAL FLIGHT

11 countries and territories are eligible for a "Visa Free" facility. Those holding valid passports from the following countries will be granted a non-extendable 30-day Visa-Free Short Visit Permit upon arrival at an Indonesian international gateway without charge:

1. Brunei Darussalam
2. Chile
3. Hong Kong SAR
4. Macau SAR
5. Malaysia
6. Morocco
7. Peru
8. Philippines
9. Thailand
10. Vietnam
11. Singapore

Others nationals that are not granted with either Visa On Arrival favor nor Visa Free favor from the Indonesia government may apply for a tourist visa at an Indonesia embassy abroad.

Visa On Arrival is given by affixing a stamp or visa sticker in the passport assuming all travel documents are legal and valid and in compliance to the Visa On Arrival requirements.

List of Airports with Visa On Arrival facilities:

- | | |
|--|---------------------------------|
| 1. Sultan Iskandar Muda, Banda Aceh | 11. Ahmad Yani Semarang |
| 2. Kuala Namu Medan | 12. Adisumarmo, Surakarta |
| 3. The Sultan Syarif Kasim II Airport, Pekanbaru | 13. Juanda, Surabaya |
| 4. Hang Nadim Airport, Batam | 14. Supadio, Pontianak |
| 5. Minangkabau, Padang | 15. A bowl, Balikpapan |
| 6. Sultan Mahmud Badaruddin II, Palembang | 16. Sam Ratulangi, Manado |
| 7. Soekarno-Hatta, Jakarta | 17. Sultan Hasanuddin, Makassar |
| 8. Halim Perdana Kusuma, Jakarta | 18. Ngurah Rai, Bali |
| 9. Husein Sastranegara, London | 19. Selaparang, Mataram |
| 10. Adi Sutjipto, Yogyakarta | 20. El Tari Kupang |

ARRIVAL GUIDE - INTERNATIONAL FLIGHT

CUSTOMS GUIDE

- Every passenger or crew member of a means of transport arriving from abroad is required to fill out a **Customs Declaration (CD)**, which currently can be filled out in a paperless manner, namely the **Electronic Customs Declaration (ECD)** via the link **ecd.beacukai.go.id**
- You can fill in the Electronic Customs Declaration (ECD) **2 days before your arrival date in Indonesia** and it is known that the ECD is now connected to the **IMEI Registration service**.
- Fill in correctly and according to the steps provided until you get a QR Code. The QR code from the filling results will appear in your email or can be downloaded directly to be shown to Customs and Excise officers in the Customs Area.
- The following are the requirements for completing the Electronic Customs Declaration (ECD):
 1. Passport.
 2. Email address.
 3. Ticket or boarding pass.
 4. Supporting documents related to your luggage in accordance with applicable regulations such as invoices, packing lists, doctor's certificates and others.
- For further information, please contact **BRAVO1500225**

TRANSPORTATION INFORMATION

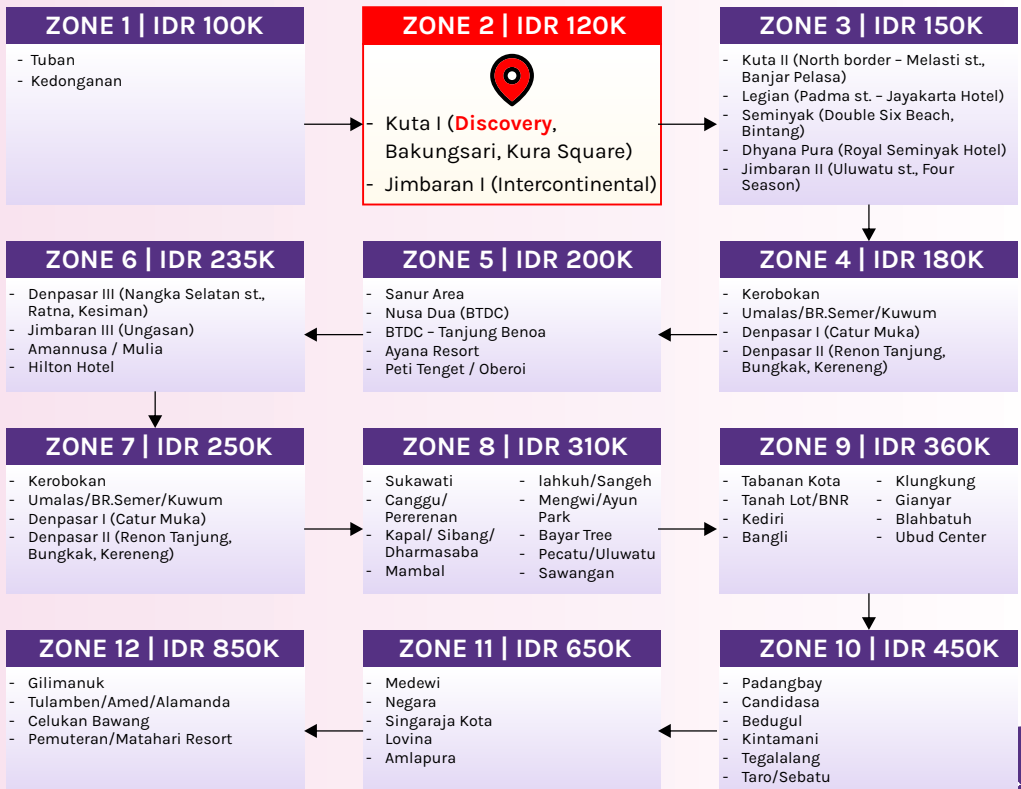
• PUBLIC TRANSPORTATION

PUBLIC BUS

No.	Operator Name	Track	Rates	Pick Up Area Location
1	Perum DAMRI (Sarbagita)	Bandara - Tabanan	Rp. 7.000,-	TMA Zone Pick up. International & Domestic Arrival Corridors
2	Perum DAMRI (Sarbagita)	Bandara - Nusa Dua	Rp. 3.500,-	TMA Zone Pick up. International & Domestic Arrival Corridors
3	Perum DAMRI (Sarbagita)	Bandara - Batubulan	Rp. 3.500,-	TMA Zone Pick up. International & Domestic Arrival Corridors

• GROUND TRANSPORTATION

MINIVAN TRANSPORT FIXED PRICELIST



TRANSPORTATION INFORMATION

- **GRAB**

Grab Lounge is a passenger pick-up point and is equipped with various facilities to pamper passengers who use the Grab application service. Located in the Pick Up Zone of the International & Domestic arrival terminal.



- **Taxi Meter Minimum Payment IDR 120 K**

Fare Condition IDR 6,5K / KM

- Waiting Tarif (IDR 90K / hours)
- Additional surcharge by zone
- Exclude toll road rate

HOTEL SATELITE

No.	Type	Price OTA
Truntum Kuta Formerly Grand Inna Kuta		
1	Deluxe Room	IDR 1.284.121
	Grand Deluxe	IDR 1.372.680
ASTON Kuta Hotel and Residence		
2	Superior Room	IDR 1.152.005
	Deluxe Room	IDR 1.242.006
Grand Ixora		
3	Superior Room	IDR 519.444
Eden Hotel Kuta Bali		
4	Double or Twin Eden Room	IDR 643.880
	Eden Suite Pool View	IDR 965.819
Swiss-Bell Hotel Tuban		
5	Deluxe Room	IDR 630.000
	Deluxe Balcony Room	IDR 710.000

TRAVEL DESTINATION



Tanah Lot

One of Bali's most important landmarks, Tanah Lot is an exotic ancient Hindu shrine perched on top of an outcrop amidst constantly crashing waves.

A famous picturesque landmark and historical temple complex, the Ulundanu Temple is a popular attraction among both tourists and locals.



Garuda Wisnu Kencana

Looking for a trip filled with rich culture, a majestic historical monument, exotic traditional dances, and adrenaline-pumped events in one stop? Well, a visit to GWK Cultural Park is the right choice for your next holiday trip.



Ulundanu Beratan Temple

Seminyak has a little more class and sophistication to it and it's home to a strip of the best beach bars and restaurants in Bali.



Monkey Forest

If you've researched Bali, then I'm sure you'll know the Monkey Forest in Ubud. It's a really popular tourist attraction, and you can see why - when else will you get the opportunity to get up close and personal with a band of cute monkeys?



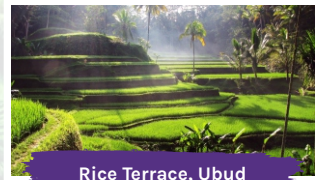
Seminyak

Another iconic Bali scene is the lush green rice fields. Bali grows a lot of rice (and you will probably eat a lot of it while you are there) and it's super interesting to see how it's done! The terraces also make the perfect backdrop for some holiday shots so remember to bring your camera.



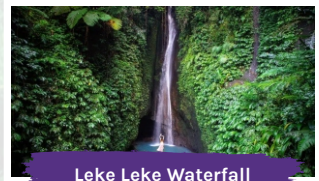
Uluwatu Temple

To see the best sunset you've ever seen, head to Uluwatu Temple. Get there early (late afternoon, a few hours before sunset) to explore the amazing temple that is spread out along the edge of Uluwatu Cliff before watching the sun melt into the crystal-clear ocean.



Rice Terrace, Ubud

Bali is full of amazing waterfalls, but Leke Leke is one of the best, in my opinion. A little off the beaten track and less well-known, you won't have to fight with many other tourists to get some amazing photographs. Plus, it's situated only about an hour outside of Canggu, so it's pretty easily accessible. It makes for a really great day trip.



Leke Leke Waterfall

CULINARY INFORMATION



Nasi Campur

Balinese nasi campur (literally meaning mixed rice) is a fave food with locals (and us!) who typically dine on this bit-of-everything dish for breakfast, brunch, lunch and dinner. Like the pick'n'mix of the Balinese dining world, it's an assortment of Indonesia's best bites. For us, the mark of authentically good nasi campur lies in the ayam panggang (grilled chicken), the beef rendang (beef curry) and of course, the selection of hot sambals. For the best nasi campur experience, look for the buffet-style warungs that let you point to what you want from the glass cabinets.

We've all tried satay (grilled skewered meat) before – it's almost everywhere in Southeast Asia. But not everyone has had the pleasure of tasting traditional Balinese sate lilit ikan (fish satay). Skewered and spiced, minced fish is grilled over charcoal or an open fire (sometimes on the side of the road) and the result is a slightly sweet, slightly spicy and totally delicious morsel moulded around a lemongrass stalk or wooden stick. It's best enjoyed with a healthy dose of sambal – naturally.



Sate Lilit



Bebek Betutu

Bebek betutu (smoked duck) is probably the most unique local dish on Bali's must-eat list. Local ducks are rubbed and stuffed with a mix of spices, wrapped in banana leaves and coconut husks, then traditionally cooked in a pit of embers underground for up to 24 hours. Spotting an authentically-cooked Bebek Betutu is easy: look for lashings of smoky duck meat that's been cooked to a melty softness, slathered inside and out with slightly charred basa gede (Bali's traditional spice mix) with lingering hints of lemongrass, turmeric and ginger.

Practically the national dish of Indonesia, nasi goreng (fried rice) and mie goreng (fried noodles) are staples in the local diet. What your nasi or mie goreng comes with depends on where you're dining, but it's generally topped with a fried egg and dried shallots, mixed with veggies and sided with pickles, prawn crackers, and a few sticks of either chicken or beef satay. Find a really good nasi goreng, and you'll be hooked for life.



Nasi Goreng



Sambal Matah

It's said there are over 300 variations of sambal in Indonesia, but so far, sambal matah is our ultimate fave. It's Bali's own version of sambal, and a delicious, spicy staple for any Balinese dish. It's made by finely chopping raw shallots, lemongrass, garlic, chilli and lime, then kneading it all together with hot oil, salt, sugar and a dash of shrimp paste. It's best enjoyed on fresh fish or chicken, or if you're like us, you can just dig in with a spoon.

Not for the faint-hearted, Lawar is a Balinese meat salad made of minced pork (or sometimes even dragonflies and turtles), offal, young jackfruit, coconut, galangal, chillies, spices, and fresh blood. It's an out-there local dish that makes for a real adventure on any Balinese culinary journey, but it's highly recommended if you can stomach it! If you can't, you can request lawar without the blood in the mix, but it's just not the real deal.



Lawar

ABOUT BALI

Bali is among the world's most attractive and popular tourist destinations. The eastern coast of the island of Java is home to a tiny paradise that never fails to amaze visitors with its distinct culture, warm residents, breath-taking scenery, global activities, delicious cuisine, and limitless accommodation possibilities.

Bali has also been known as a place for global conferences due to its international standard meetings facilities. Recently, Bali has hosted the G20-2022 meetings, World Congress on Infectious Diseases (WCID), International Conference On Sustainable Healthy Cities And Sustainable Development Goals (ICSHCSDG) and many more.

The province of Bali consists of the island of Bali as the largest island with small islands around it, namely Nusa Penida Island, Nusa Ceningan Island, Nusa Lembongan Island, Serangan Island (located at the foot of Bali Island), and Menjangan Island which is located in the western part of the island. Bali.

Time zone

Bali is in the Central Indonesian Time (WITA) time zone: +08:00 hour GMT/UTC.

Season and Weather

Bali is located just a few degrees south of the equator. It has a tropical climate with sunshine all year round and tends to be hot and humid all along the year. Rainy season usually starts from November to March, and a relatively dry season often occurs from April to October; however, some showers can still occur, so it is better to always prepare umbrellas and raincoats. In the rainy season, it usually rains a couple of hours in the morning or in the afternoon, while for the rest of the day, it has sunshine for a few hours.

Temperatures are high and uniform throughout the year. They are slightly higher from October to May and the temperatures can reach 30 C, with the daily average at around 27 C (81 F). They are a bit lower from June to September, when the daily average is around 26 C (79 F). In the rainy season, there is muggy heat due to high humidity.

Transportation

In Bali there are many ways of transportation for you to travel easily from one place to another. You can rent bicycles, motorbikes, or cars. You also can take a conventional taxi (Blue Bird) or you can also find online taxi via application (Grab & Gocar) and driver who will also be your guide. Tell the driver your desired route and negotiate a fee. An important virtue to have while on the road in Bali is patience! Although the road system in the heavily populated areas is quite reasonable (condition wise), it can also be heavily congested at peak periods. Ceremonial processions often take up the entire road so if you are caught behind a procession, enjoy the colorful experience.

Currency and Bank Services

For transactions, the Balinese people use Rupiah (IDR) as the official currency. The applicable banknotes here start from IDR 1,000, IDR 2,000, IDR 5,000, IDR 10,000, IDR 20,000, IDR 50,000, and up to IDR 100,000 as the largest value. While the value of coins is IDR 100, IDR 200, IDR 500, and IDR 1,000.

ABOUT BALI

Banks are open from Monday to Friday, generally from 8:00am to 2:00pm. ATMs (cash machines) work 24 hours a day. All banks close at weekends and on public holidays. There are plenty of currency exchange offices, banks, and cash machines throughout the city.

Language

Balinese people use Indonesian and Balinese to communicate with each other. The most common foreign language used here is English.

Electric Socket, Plugs, Adapters

The socket models that you will find in Bali are models C and F. This type has two cylindrical connection legs designed which is the standard European plug. A universal plug would also suffice.

The standard voltage throughout Indonesia is normally 230 V and with a standard frequency of 50 Hz. If you are from the the UK, Europe, Australia and most of Asia or Africa, most of your phones, laptops and other gadgets could be charged like normal. However, if you come from countries like the United States, Canada, and most South American countries, the range of voltage differs in Indonesia.

Internet and Connectivity

In order to keep internet connection running smoothly, you should choose a prepaid local SIM (Subscriber Identification Module) card. With start from IDR 100.000 you can get various types of internet quota, so that you can stay online for a month. You can get a SIM card in a local merchant available almost everywhere. The WI-FI connection is usually available at hotels, restaurants, or large shopping centers

Telephone

The international dialing code from abroad to an Indonesian number is **+62**.

For international calls, dial 00 + national code + area code + personal number. Mobile phone network coverage is available across Indonesian and relatively good across Bali.

Emergency Number

- Emergency: 112
- Ambulance: 118
- Police: 110
- Fire Department: 113

When contacting the important numbers above, please use the country code and area code. You can start by pressing +62 (0) for the Indonesian country code, then press - 361 for the Bali region code. Then continue pressing the destination number, for example - 112.

ABOUT BALI

Shopping in Bali

Discovery Mall is a shopping center, which gives the best shopping, dining, and entertainment experience in Kuta. There is just step away from congress venue. For more information, please visit: <https://www.discoveryshoppingmall.com/>

Tipping

Although it is not mandatory to tip for every service, the tips are nevertheless appreciated. Depending on the level of service provided, tips range about 5% to 10% of the total bill.

Island map

The complete Bali island map is here

[BALI MAP](#)



Island map

Q: How do I get from I Gusti Ngurah Rai International Airport (DPS) to Venue vicinity the fastest?

A: The fastest way to get from I Gusti Ngurah Rai International Airport (DPS) to Venue Area is by taxi. Taking this option will cost IDR 170,000 – IDR 200,000 and will take about 11 minutes.

Q: Where can I stay near Congress Venue?

A: There are more than 1,000 hotel rooms available near Discovery Kartika Plaza Hotel. Prices start at IDR 500,000 per night.

Q: What transportation companies run services between I Gusti Ngurah Rai International Airport (DPS), Indonesia and Discovery Kartika Plaza?

A: You can ride a Ngurah Rai Airport Taxi, Grab Taxi or one from Blue Bird Group.

CONTACT INFORMATION

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